

Victims of Crime

The State Department is committed to assisting U.S. citizens who become victims of crime while abroad. We help in two ways:

- Overseas: consular officers, agents, and staff work with crime victims and help them with the local police and medical systems.
- In the United States: our office of Overseas Citizens Services will stay in touch with family members in the United States, and help provide U.S.-based resources for the victim when possible.

If you are the victim of a crime overseas:

- Contact the nearest U.S. Embassy or Consulate:
 - Consular officers are available for emergency assistance 24 hours/day, 7 days/week.
 - Contact information for [U.S. Embassies and Consulates](#) overseas can be found here or by going to our individual [Country Specific Information](#) pages.
 - To contact the Department of State in the U.S. call 1-888-407-4747 (from the U.S. or Canada) or (202) 501-4444 (from overseas).
 - Contact the local police to report the incident and get immediate help. Request a copy of the police report.

Please find a list of resources available in both Norway and the United States for the following:

- Victims Assistance
- Sexual Assault
- Domestic Violence
- Lost Family Members
- Victims and Families of Drunk Driving Crashes
- General Victim Assistance
- LGBTQ Health & Safety
- Mental Health

Victims Assistance

Norwegian Emergency Numbers:

110	112	113
Fire	Police	Ambulance

Other Important Phone Numbers:

Police (non-emergency)	02 800
Oslo Emergency Room	116 117
Helpline for Children and Youth	116 111
Mental Health Helpline	116 123
Hotline for Victims of Sexual Assault	800 57 000
Oslo Psychiatric Emergency Room	22 93 22 93
DIXI Center for Victims of Rape	22 44 40 50
Oslo Crisis Center	22 48 03 80
National Association for Victims of Crime	22 16 40 00
Suicide Prevention Lifeline (USA)	1-800-273-TALK (8255)
Suicide Prevention Lifeline (Norway)	(+47) 815 33 300

Embassy Contact Information:

Visiting Address	U.S. Embassy American Citizen Services Morgedalsvegen 36 0378 Oslo, Norway	Postal Address	U.S. Embassy American Citizen Services PO Box 4075 AMB 0244 Oslo, Norway
Email	OsloACS@state.gov		
Website	no.usembassy.gov		
Telephone	21 30 85 40		

Disclaimer: The U.S. Department of State assumes no responsibility for the professional ability or integrity of the organizations whose names appear above. This referral does not constitute an endorsement or recommendation of the U.S. Department of State.

Sexual Assault

Resources in the United States:

- [RAINN \(Rape, Abuse, and Incest National Network\)](http://www.rainn.org/) – Toll free 24/7 hotline for sexual assault counseling and referrals: 1-800-656-HOPE (4673). RAINN also offers a hotline that provides live, secure, anonymous crisis support for victims of sexual violence, their friends, and families over RAINN's website.
<http://www.rainn.org/>
- [U.S. Department of Justice Office on Violence Against Women](https://www.justice.gov/ovw) – Information about local sexual assault victim assistance coalitions.
<https://www.justice.gov/ovw>
- [International Directory of Domestic Violence Agencies](http://www.hotpeachpages.net/) – Global list of abuse hotlines, shelters, refuges, crisis centers and women's organizations, plus domestic violence information in over 90 languages.
<http://www.hotpeachpages.net/>

Resources in Norway:

- [DIXI Resource Center for Victims of Rape](https://www.dixi.no/) – DIXI resource center against sexual assault is a low threshold offer for sexual assault victims or their next of kin. They do not offer treatments, but guide you to self-help. Everyone who works at DIXI is skilled with broad experience in the field and some of us have also been victims of sexual assault. The website provides information in English in addition to other languages.
Telephone: (+47) 22 44 40 50
Address: Arbins gate 1, 0253 Oslo, Norway
<https://www.dixi.no/>
- [National Hotline for Victims of Sexual Assault and Incest](http://www.incest80057000.no/): (+47) 800 57 000 (open 24 hours)
<http://www.incest80057000.no/>
- [SSMM Center for Sexually Abused Men](http://www.ssmm.no/)
Telephone: (+47) 22 42 42 02
Email: post@ssmm.no
<http://www.ssmm.no/>
- [The Norwegian Foundation Against Sexual Abuse](http://fmso.no) – An NGO that conducts political lobbying and public awareness & education programs in addition to providing services such as counseling and self-help groups.
Telephone: (+47) 800 57 000
<http://fmso.no>

- [Stavanger Kommune](#) – Rape crisis center in Stavanger, Norway.
Telephone: (+47) 902 40 200 or (+47) 51 51 02 02
<https://www.stavanger.kommune.no/en/helse-og-omsorg/health-and-social-care/>
- [Bergen Crisis Center](#) – Offers guidance, protection, housing, and legal resources for victims of violence.
Telephone: (+47) 55 31 50 50
<https://www.bergen.kommune.no/omkommunen/avdelinger/krisesenter-for-bergen-og-omegn/om-oss>
- [Krisesentersekretariatet](#) – Directory for women’s shelters across Norway.
Telephone: (+47) 90 57 91 18 or (+47) 97 17 11 91
Email: post@krisesenter.com
<https://www.krisesenter.com/finn-ditt-krisesenter/>

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Domestic Violence

Resources in the United States:

- [National Domestic Violence Hotline](#) – Toll-free 24/7 hotline for crisis counseling and referrals: 1-800-799-SAFE (7233).
<http://www.thehotline.org/get-help>
- [U.S. Department of Justice Office on Violence Against Women](#) – Information about local domestic violence victim assistance coalitions.
<https://www.justice.gov/ovw>
- [National Coalition Against Domestic Violence](#) – The National Coalition Against Domestic Violence offers a safe home and shelter programs, public education, and technical assistance. They also have a list of state and international organizations that can assist domestic violence victims. 303-839-1852
<http://www.ncadv.org/>
- [Americans Overseas Domestic Violence Crisis Center](#) – The center serves abused Americans, mostly women and children, in both civilian and military populations overseas. The 24/7 international crisis hotline 1-866-USWOMEN (1-866-879-6636) can be called toll free from overseas.
<https://pathwaystosafety.org/>

- [International Directory of Domestic Violence Agencies](http://www.hotpeachpages.net/) – Global list of abuse hotlines, shelters, refuges, crisis centers and women’s organizations, plus domestic violence information in over 90 languages.
<http://www.hotpeachpages.net/>

Resources in Norway:

- [Oslo Crisis Center](http://www.oslokrisesenter.no/) – Operates crisis shelters in Oslo and a hotline for all victims of crime. The website provides information in English in addition to other languages.
Telephone: (+47) 22 48 03 80 (open 24 hours)
Email: postmaster@oslorisesenter.no
<http://www.oslokrisesenter.no/>
- [Victims of Crime Compensation Office](http://www.voldsoffererstatning.no/)* – Accepts applications for compensation of victims of violence in Norway.
Telephone: (+47) 78 95 00 (between 8:00 am and 3:00 pm).
<http://www.voldsoffererstatning.no/>
- [Bergen Crisis Center](https://www.bergen.kommune.no/omkommunen/avdelinger/krisesenter-for-bergen-og-omegn) – Offers guidance, protection, housing, and legal resources for victims of violence.
Telephone: (+47) 55 31 50 50
<https://www.bergen.kommune.no/omkommunen/avdelinger/krisesenter-for-bergen-og-omegn>
- [Krisesentersekretariatet](https://www.krisesenter.com/finn-ditt-krisesenter/) – Directory for women’s shelters across Norway.
Telephone: (+47) 90 57 91 18 or (+47) 97 17 11 91
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Lost Family Members

Resources in the United States:

- [POMC, Inc. \(National Organization of Parents of Murdered Children\)](http://www.pomc.org/) – Hotline for crisis counseling and referrals available Monday-Friday, 8-5 PM EST: 1-888-818-POMC.
<http://www.pomc.org/>

Resources in Norway:

- [Victims of Crime Compensation Office](#)* – Accepts applications for compensation to left behind family members. Also provides legal guidance and other services.
Telephone: (+47) 78 95 00 (between 8:00 am and 3:00 pm)
Email: mail@voldsoffererstatning.no
<http://www.voldsoffererstatning.no/>

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Victims and Families of Drunk Driving Crashes

Resources in the United States:

- [Mothers Against Drunk Driving \(MADD\)](#) – Information about local resources for victims and family members.
<http://www.madd.org/>

Resources in Norway

- [Personskadeforbundet](#) (National Association for the Traumatically Injured)* – Association for those injured in traffic accidents.
<http://www.personskadeforbundet.no/>

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General Victim Assistance

Resources in the United States:

- [U.S. Department of Justice Office for Victims of Crime](#) – Contact information for non-emergency services in communities throughout U.S.
<http://www.ovc.gov/help/>
- [National Crime Victim Center](#) – Information for crime victims on the impact of crime, safety planning, legal rights and civil legal remedies, and options for assistance and referrals to local programs.
<http://www.ncvc.org/>

- [National Organization for Victim Assistance \(NOVA\)](http://www.try-nova.org/) – Toll-free hotline available Monday-Friday 9am-5pm EST for information and referral to victim assistance programs: 1-800-TRY-NOVA
<http://www.try-nova.org/>

Resources in Norway:

- [The Council of Psychiatric Health](https://psyiskhelse.no/hjelpetelefoner-og-nettsteder)* offers an extensive list of resources available in Norway at <https://psyiskhelse.no/hjelpetelefoner-og-nettsteder>. This includes, but is not limited to psychiatric help, victims of sexual assault, alcoholics, drug abusers, children in need, etc.
- [Stavanger Commune](https://www.stavanger.kommune.no/en/helse-og-omsorg/health-and-social-care/#emergency-services) – Emergency medical center in Stavanger, Norway.
Telephone: (+47) 51 51 02 02
Address: Armauer Hansens vei 30, 4011 Stavanger, Norway
<https://www.stavanger.kommune.no/en/helse-og-omsorg/health-and-social-care/#emergency-services>
- [Victims of Crime Compensation Office](http://www.voldsoffererstatning.no/)* – Accepts applications for compensation to left behind family members. Also provides legal guidance and other services.
Telephone: (+47) 78 95 00 (between 8:00 am and 3:00 pm)
Email: mail@voldsoffererstatning.no
<http://www.voldsoffererstatning.no/>

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LGBTQI+ Health & Safety

Resources in the United States:

- Human Rights Campaign – Offers resources for the health & safety of the LGBTQ community as well as information about local and international policy and activism.
- [The Trevor Project](http://www.thetrevorproject.org/) – Crisis intervention & suicide prevention helpline for LGBTQ youth ages 13 to 24. Available 24 hours a day, 7 days a week. Website also includes info for TrevorChat & TrevorText.
Phone: 1 866 488 7386
<http://www.thetrevorproject.org/>
- [LGBT National Youth Talkline](http://www.glbthotline.org/talkline.html) – Available Mo-Fri 4pm-midnight, Sat 12pm-5pm EST
Phone: 1 800 246 7743
Email: help@glbthotline.org
<http://www.glbthotline.org/talkline.html>

- [Trans Lifeline](http://www.translifeline.org/) – All staff members are trans identified and trained in both gender and trans specific issues.
Phone: (+47) 877 565 8860
<http://www.translifeline.org/>
- [LGBT National Help Center](http://www.glbthotline.org/) – Contains links to various hotlines and online chats.
<http://www.glbthotline.org/>
- Sage LGBT Elder Hotline – For older members of the LGBTQ community. Available Mo-Fri 4pm-midnight, Sat 12pm-5pm EST
1 888 234 7243

Resources in Norway:

- [Health Centre for LGBT Youth](https://www.oslo.kommune.no/helse-og-omsorg/helsehjelp/helsestasjon/helsestasjon-for-ungdom-hfu/helsestasjon-for-kjonn-og-seksualitet-hks/)*
Telephone: (+47) 481 13 013
Address: Mailundveien 23, 0569 Oslo, Norway
Email: lhbt@bga.oslo.kommune.no
<https://www.oslo.kommune.no/helse-og-omsorg/helsehjelp/helsestasjon/helsestasjon-for-ungdom-hfu/helsestasjon-for-kjonn-og-seksualitet-hks/>

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Mental Health

Resources in the United States:

- [U.S. Department of Health & Human Services](#) – Includes information about mental health/illness and offers access to resources in different localities in the US.
- [Online Counseling Anywhere.](#)

Resources in Norway:

- [Mental Health Care in Norway guide](#) (PDF 546 KB)– A comprehensive list of information about mental health/illness and a guide to Norway's medical resources.
- [Suicide Prevention Hotlines in Norway.](#)

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